



TAKE THE **FIRST** STEP

Better kidney health begins with what you know

KNOW YOUR OPTIONS

Are you a woman that has been diagnosed with kidney disease? Do you know that a kidney transplant is an option? Gain control today by learning more about your treatment options.

- Talk to your doctor about treatment options.
- Ask the staff at your dialysis center for a transplant referral to learn more.
- Spread awareness to other women by encouraging them learn more about kidney disease, their treatment options and the benefits of a kidney transplant.

To learn more, contact Quality Insights at www.qirn4.org or (610) 265-2418



Quality
Insights
Renal Network 4

DID YOU KNOW?

According to an article published in the American Journal of Nephrology, women have a lower chance of receiving hemodialysis and kidney transplant than men, but they constitute the majority of living kidney donors.*

The overall End-Stage Renal Disease (ESRD) Network 4 kidney transplant referral rate is 45.6%. The female referral rate is 37.2%, compared to the male referral rate of 51.7%.**

* American Journal of Nephrology. 2005 Sep-Oct;25(5):474-83. Epub 2005 Aug 26.
**Data calculated from ESRD Network 4 facility sample size. (2015 data)

To file a grievance, please contact Quality Insights Renal Network 4 at:
Patient Toll Free Line: 1-800-548-9205, www.qirn4.org,
610 Freedom Business Center, Suite 102, King of Prussia, PA 19406.

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