

Increase ^{Your} Quality of Life



Do you plan to work or return to work?

Work is a very big part of our lives. We work to earn money for our basic needs. Work also gives us a sense of pride and a feeling that we are doing something good. Vocational rehabilitation programs help people with ESRD keep working or return to work.

How do you sign up for vocational rehabilitation?

- Ask your dialysis social worker about vocational rehabilitation today.
- The Office of Vocational Rehabilitation (OVR) will contact you and make an appointment.

Your vocational rehabilitation counselor will:

1. Ask you about your health to make sure you are able to participate.
2. Set goals to help you get ready to participate.
3. Provide counseling and help you choose work that you will be able to do.

Who should apply to OVR?

You should apply if:

- You have a disability. (ESRD is a disability.)
- Your disability causes problems in preparing for, getting, or keeping a career.
- You want to work.

How do you get started?

Ask your social worker for more information about services. Or, call the OVR District Office nearest to where you live.



Quality
Insights
Renal Network 4

To file a grievance, please contact Quality Insights Renal Network 4 at Patient Toll Free Line: 1-800-548-9205, www.qirn4.org or 630 Freedom Business Center, Suite 116, King of Prussia, PA 19406.

Educational material brought to you by the Patient Learning and Action Network at Quality Insights Renal Network 4. This material was prepared by Quality Insights Renal Network 4 under contract with the Centers for Medicare & Medicaid Services (CMS). The contents do not necessarily reflect CMS policy.
Publication number: ESRD4-072715