

## *AV Fistula After-Care and Monitoring*

Even with the best plans, there may be detours in the road toward a healthy, working AV fistula. The more you know ahead of time, the better prepared you can be.

### ***Post-op Care and Recovery***

It can take 1-3 months for a new AV fistula to heal and "mature" so it can be used for dialysis. You'll have some limits on driving and lifting while it heals.

### ***Checking Your New AV Fistula***

You'll need to learn how to look at your AV fistula, feel it, and listen to it each day to be sure it's healing well and has a good blood flow. Most AV fistula problems can be fixed - if you tell your doctor right away.

### **Listen to Your AV Fistula**

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- [AV Fistula Bruit Normal](#)
- [AV Fistula Bruit with Stenosis](#)
- [Abnormal AV Fistula Whistle](#)

Patients can log into the address below to listen to the different AVF sounds.  
<http://www.fistulafirst.org/Patients/AVFistulaAfterCareandMonitoring.aspx>

