

Resources to Address Social Determinants of Health Barriers to Transplant

March 1, 2022 1:00 to 2:00 p.m.





Housekeeping Items

- Please use the Chat feature to submit questions or comments throughout the presentation. We will address your questions throughout and at the end of the session.
- Lines will be muted until the Q&A portion at the end of our presentations. During the Q&A portion at the end of the presentation, please keep your line muted unless asking a question.

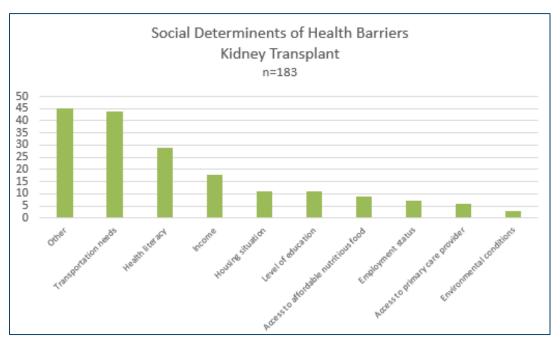


Welcome

- Eileen Edge, Social Worker, ChristianaCare Kidney Transplant Program
- Sharon Franceschini, Outreach Coordinator, ChristianaCare Kidney Transplant Program
- Nicole Scharf, Associate Executive Director, Living Kidney Donor, National Kidney Foundation serving Delaware and Maryland



Social Determinants of Health Barriers



Social determinants of health (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health functioning, and quality-of-life outcomes and risks.¹

¹Healthy People 2030. Social Determinants of Health. https://health.gov/healthypeople/objectives-and-data/social-determinants-health





ChristianaCare Kidney Transplant

Patient/Provider Resources

March 1, 2022







Introductions



Eileen Edge, MSW, LCSW Transplant Social Worker

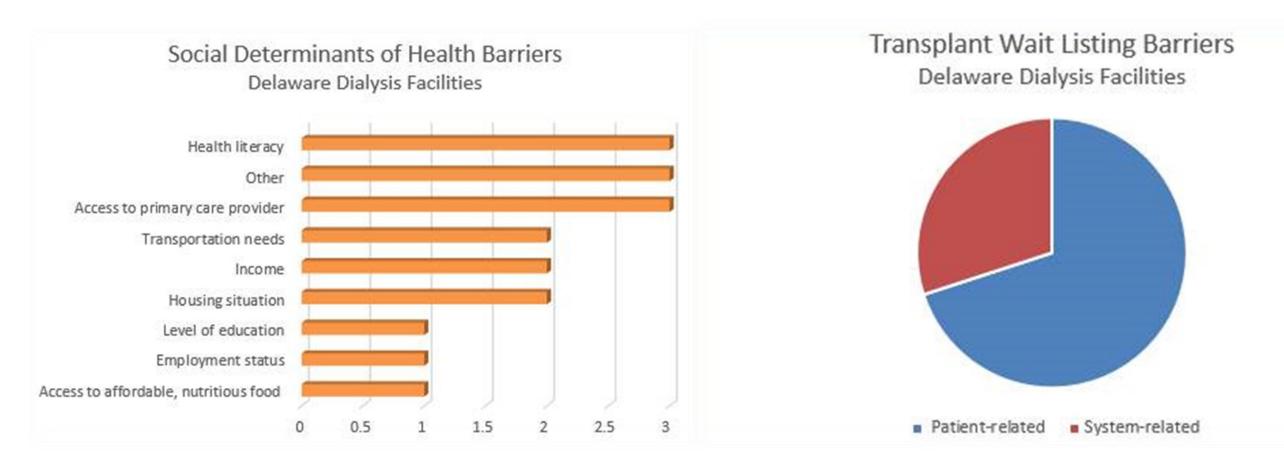


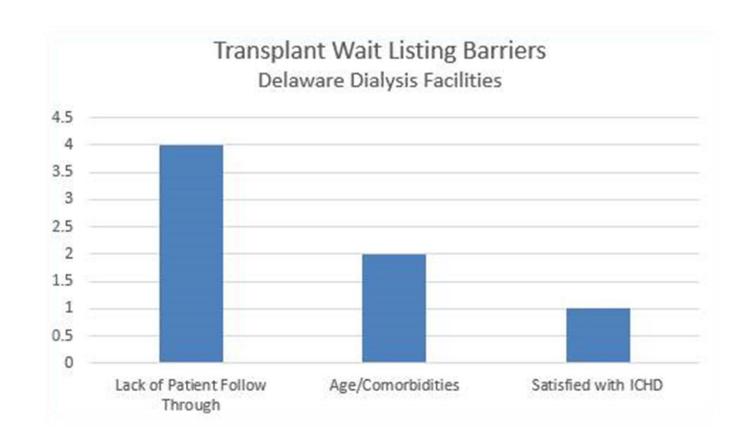
Sharon Franceschini
Outreach Coordinator



Quality Network Insights Social Determinants of Health Barriers

- Patients don't know who to call, where they are in the process or what they need to do
- Missed appointments/follow up
- Transplant center criteria
- Distance from transplant centers (transportation)
- Patient adherence to transplant evaluation screening/testing requirements
- Patient adherence to treatment
- Patient doesn't want to sign up due to their age
- Patients are not interested
- Patient satisfied with dialysis







ChristianaCare Selection Criteria

(Similar to many transplant centers)

Minimal Listing Criteria

- Patients with Cockcroft-Gault, creatinine clearance < or = 20 ml/min
- ESRD patients on any type of renal replacement therapy
- Patients aged 18-75 years
- Psychosocial evaluation before placement on the transplant list
- Review of psychosocial evaluation by selection committee
- ABO documentation

Absolute Exclusion Criteria

- Severe heart disease without possibility of intervention
- Other organ failure requiring transplant (may go to another program)
- Irreversible essential organ failure
- Current malignancy



Recipient Evaluation to Listing Process

Average conversion time from Evaluation to Listing

Pre-COVID baseline time: 120 days COVID time: 206 days Current average time: 120 days

- 1. Phone or Web Referral
- 2. Financial Clearance
- 3. RN Screening
- 4. Welcome Info Packet Completion
- 5. Evaluation Appointment Scheduled

- 1. CT of abdomen
- 2. Cardiology consult
- 3. Dental
- 4. Health maintenance*

Transplant cardiology consult and testing

Registration

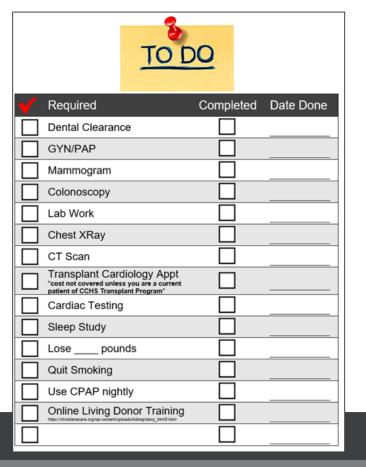
Evaluation

Separate Education (virtual options) and In-Person Evaluation

- 1. Check in Process
- 2. Vitals
- 3. Transplant 101 Education
- 4. Nephrologist
- 5. Financial Coordinator
- 6. Social Worker
- 7. Nutritionist
- 8. Pharmacist
- 9. Surgeon
- 10. Labs
- 11. Chest X-Ray

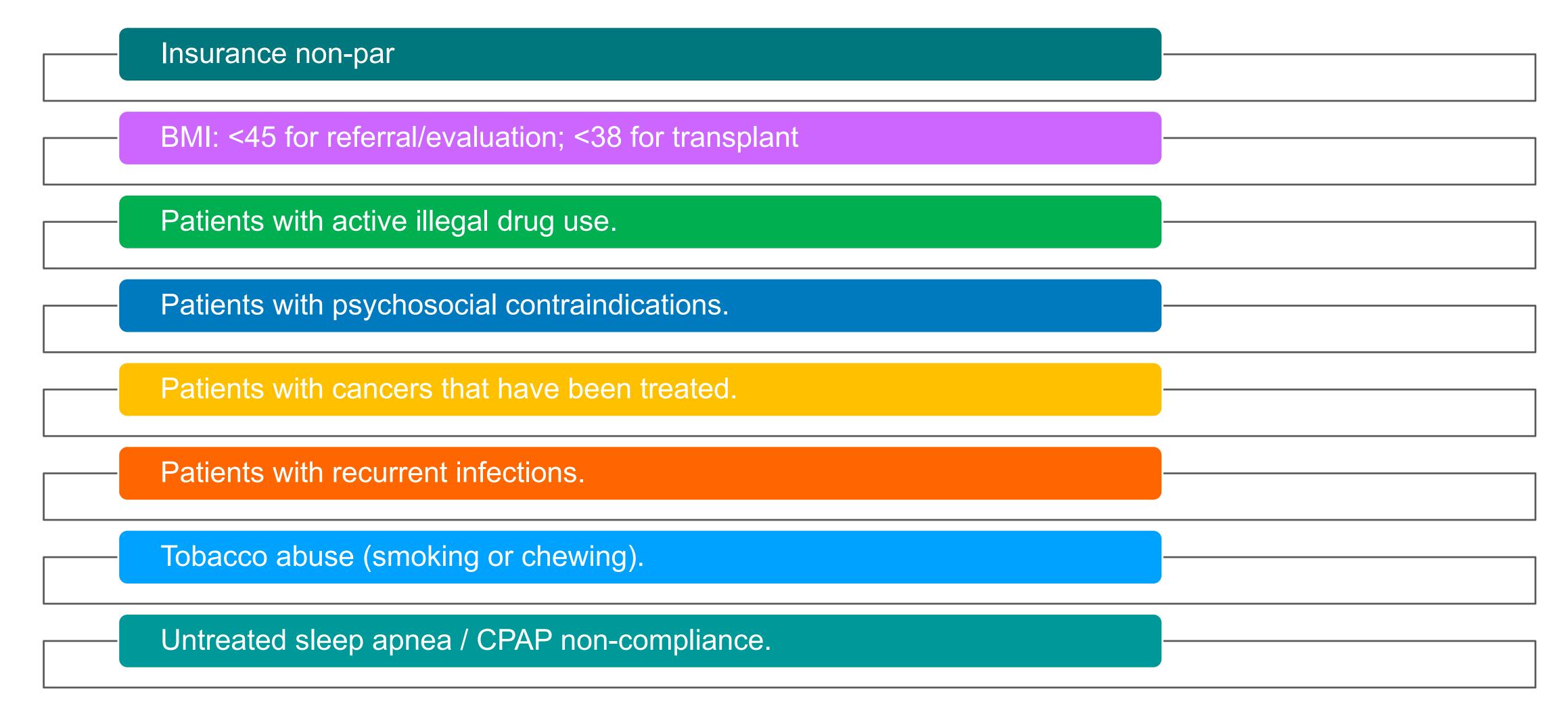
Testing

Patient receives To Do List



- Listing
- Multi-disciplinary transplant team review of patient at weekly Selection Committee meeting.
- If approved to be listed, then patient is registered with UNOS and placed on the national waitlist.
- 3. Patient is then required to complete Living Donor Champion training.

Team Identified Barriers to Transplant





ChristianaCare Relative Psychosocial Contraindications

Selection and Exclusion Criteria for Transplant | 2019 Candidates and Living Donors

CHRISTIANA CARE HEALTH SERVICES POLICY

| POLICY TITLE: | Selection & Exclusion Criteria for Transplant Candidates & Living Donors |
|--------------------|---|
| SECTION: | Kidney Transplant Program |
| LAST REVISIONDATE: | August 31, 2016 |
| LAST REVIEW DATE: | March 29, 2019 |
| DATE OF ORIGIN: | March 20, 2012 |

It is the policy of Christiana Care Health System (CCHS) to provide optimal medical care to patients in accordance with current medical practice.

To identify the criteria used to select transplant candidates and donors

Selection Criteria: The fair and non-discriminatory criteria used by the transplant team during all phases of care for both the transplant candidate and living donor to determine eligibility for kidney transplant or kidney donation

PROCEDURE:

- I. Transplant Candidate
 - A. Minimal Listing Criteria
 - 1. Psychosocial Evaluation before placement on the transplant list 2. Review of psychosocial evaluation by selection committee - See
 - 3. ABO documentation prior to placement on the transplant list See
 - Patients with Cockcroft-Gault, creatinine clearance < or = 20

Policy, Procedure, and Guideline Manual

Common/Organ Donation/Policies & Procedures/Year

Policy, Procedure, and Guideline Manual

Common/Organ Donation/Policies & Procedures/Year

- 5. ESRD patients on any type of renal replacement therapy
- 6. Patients aged 18-75 years
- B. Absolute Exclusion Criteria
- Severe heart disease without possibility of intervention Other organ failure requiring transplant
- Irreversible essential organ failure
- Current malignancy 5. HIV infection, AIDS
- Policy, Procedure, and Guideline Manual Common/Organ Donation/Policies & Procedures/Year

splant 2019 onors plant 2019 traindications medications election and tialysis centers are ach visits or when plant | 2019 vascular disease, nors for selecting the compliance with Cction. It is entitled n to accept the Does section. It is ired Kidney family during the comment. lment in the Paired ction criteria is esentations via our Meeting Minutes, quest of the chart under Patient Meeting. for listing the section. It is entitled ory of Hypertension with a BP greater ater than or equal to cision is <u>located in</u> malignancy is not limited to: sental supports ence of suicide the comment ction criteria is: buse and how it Meeting Minutes which are then placed into natient's OTTR chart under Patient Actions. It is entitled Selection Committee Meeting. BP is well onor and recipient

#3 Inadequate support system or psychosocial contraindications

#7 Untreated psychiatric Illness

#12 Active illegal drug use: legal vs. non-medical marijuana

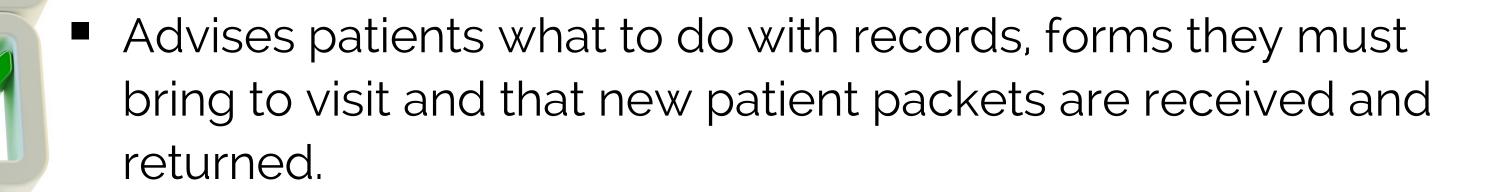
Policy, Procedure, and Guideline Manual Common/Organ Donation/Policies & Procedures/Year

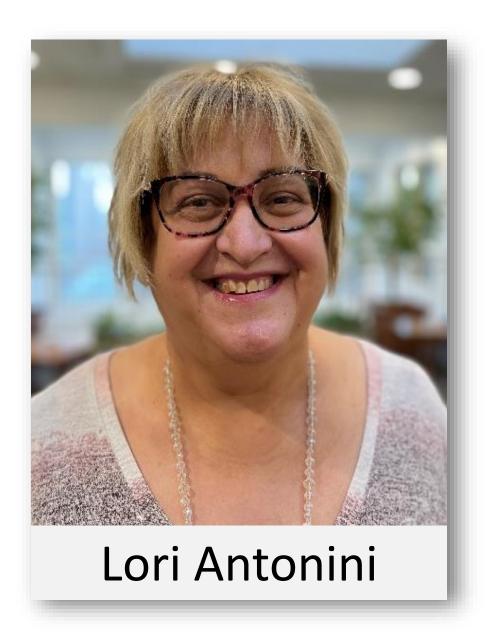




Patient Navigator







Follow up with patients regarding additional testing that may be required for listing.

- Responds to patient questions with compassion, resolving issues efficiently.
- Actively identifies and addresses barriers to care that might keep the patient from receiving timely and appropriate treatment and collaborates with appropriate staff.







Waiting for a kidney?

ChristianaCare Kidney Transplant Program tips to keep you ready to go!

- · Communicate changes
 - o Contact information (i.e., address, phone #)
 - Insurance coverage
 - o Having a blood transfusion
 - o Any medical issues
- Stay consistent
 - o Full dialysis treatments
 - o Monthly blood work
 - o Follow the diet recommended by the kidney doctor or dietitian.
 - o Exercise regularly (Frailty test will be given: Goal is score of zero-Not Frail).
 - o CPAP usage if needed
- · Maintain your health
 - Visit Primary Care doctor for yearly physical.
 - Keep BMI below 38.
 - Control blood sugar (A1C level < 9.0 x 3 consecutive labs).
 - Control Phosphorus (not to exceed 7.5 x 3 consecutive months).
 - Improve Protein (Albumin level > 3.5 x 3 months).
 - Control Potassium (<5.0).
 - QUIT smoking now. Call the Delaware Quit line at 1-866-409-1858.
 - o See dentist to make sure your teeth and gums are healthy.
 - Only take medicines or supplements recommended by your doctor.
 - Schedule health screenings.
 - Mammograms
 - PAP smears
 - Prostate exam
 - Colonoscopy
 - Skin checks
- Complete Living Donor Champion training.

For more information, contact the ChristianaCare Kidney Transplant Program at 302.623.3866.

Keep your patients ready for transplant!





Patient Self Referral Procedure

A patient can request an appointment with 1 of 2 options.

- Go to <u>www.christianacare.org/kidneytransplant</u> and complete form at "Request an Appointment" link.
- Call our office to request an appointment 3

Dialysis/Physician Ret

Complete "Kidney Transplant Referral" form (

- Patient Demographic sheet
- Insurance Information/Cards
- Medicare 2728
- Most recent patient care plan, progress note or in-center HD progress note (May also be known as physician rounding record)
- Record of immunizations (i.e., flu, pneumonia, and hepatitis)
- Medication List
- Social Work Summary
- Dietitian Summary
- One week of most current labs

Please fax to 302-623-3864

Kidney Transplant Referral Form



| Please fax form to: 302-623-3864 | |
|--|-------|
| Nephrologist: | Date: |
| Name of Dialysis Center/Nephrology Office: | |
| Provider Phone: | |
| Patient Information | |
| Patient Name: | |
| | 66.11 |

Patient Phone:

or 3rd

toneal Dialysis or Not on Dialysis

Please reach out to the transplant centers that you work with to establish a relationship for the benefit of your patients.

| <i>A</i> (| | | |
|------------|---------------------------|--|--|
| | Patient Demographic Sheet | | |

☐ Insurance information/cards
☐ Medicare 2728

☐ Recent care plan or progress note

☐ Record of immunizations (Flu, Pneumonia, Hepatitis)

☐ Medication list

Social work summary

☐ Dietitian summary☐ One week of current labs

| Delaware Park Blvd. | |
|---|-----------------|
| Ogletonn-Stanton Road | Exit 166 |
| Christiana Hospital Campus Medical Arts Pavilion 2 Continental Drive | 95) Exit 4 |
| Com | Christiana Mall |

Questions? Please call us at 302-623-3866.

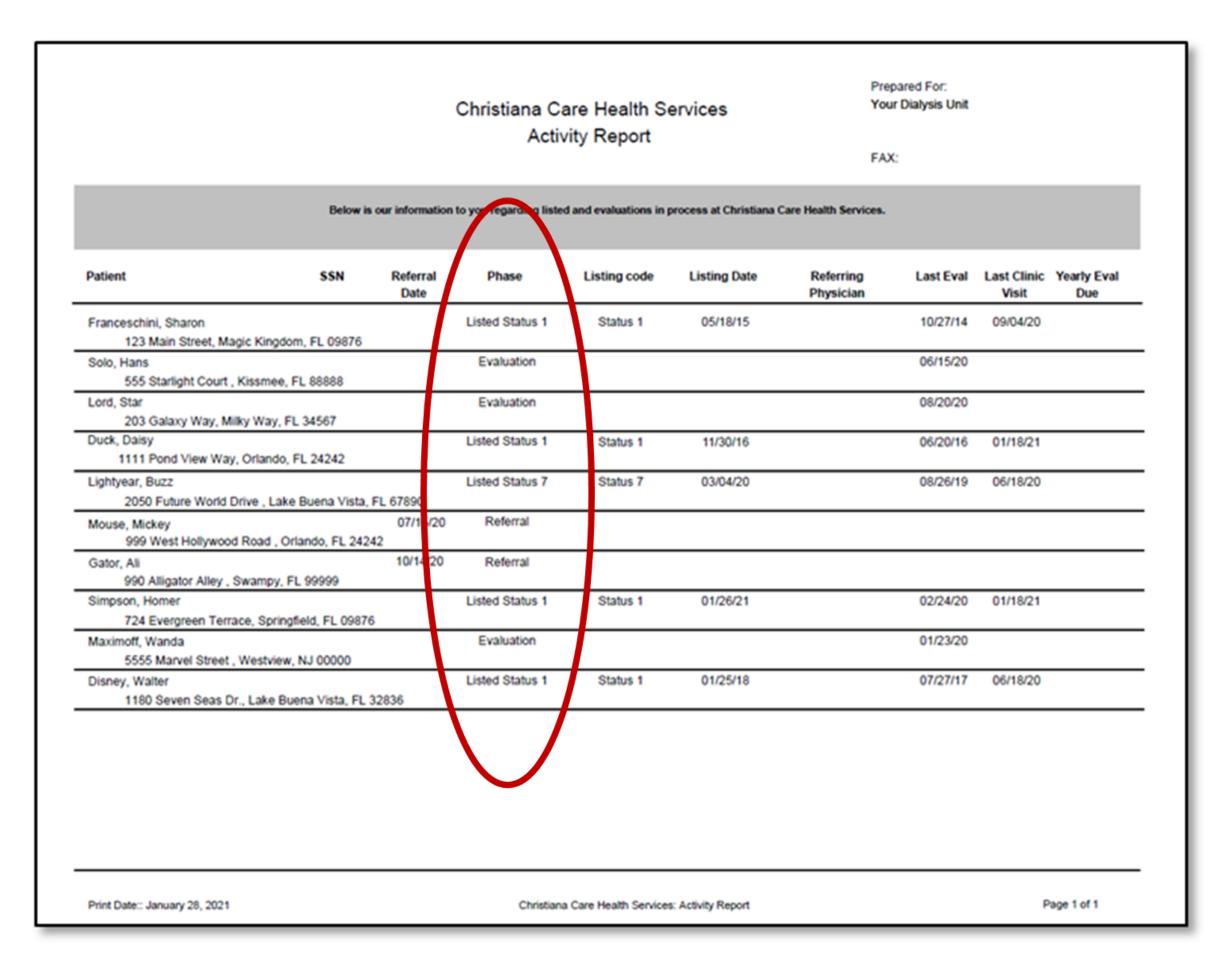
ChristianaCare Kidney Transplant Program

4735 Ogletown-Stanton Road
Medical Arts Pavilion 2 (MAP 2), Suite 2224, Newark, DE 19713
Phone: 302-623-3866 Fax: 302-623-3864

christianacare.org/kidneytransplant



Monthly Activity Report and Samples



In order to ensure patients are ready for transplant...

We need consistent serum samples on our listed patients.

(Kits are received and sent to Jefferson Tissue Typing lab or both Status 1 and Status 7)

- Within 2 weeks
 - √ Immunologically sensitized
 - ✓ Recent sensitizing event (i.e., illness, injury, vaccination, transfusion, pregnancy)
- Within 1 month
 - ✓ Everyone else
- Please help support those on Home Dialysis to get their monthly blood work!



TXACCESS

Provider access to their patient's transplant journey.

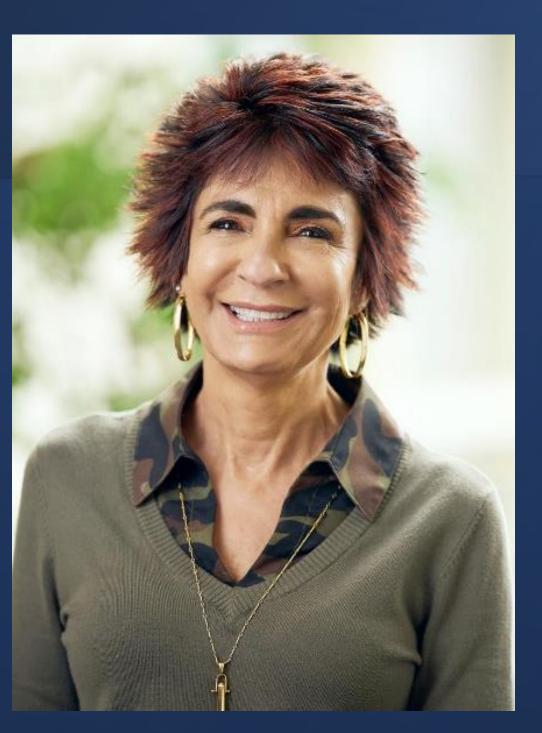
- Make a referrals online.
- Bi-directional communication.
- Upload requested documentation directly into patient chart.
- Providers can see patient status throughout evaluation process.
 - Visibility to outstanding testing
 - Access to documents related to evaluation (i.e., to do lists)
 - Review communications to patient/providers





Financial Support Specialists

- Executive order with Medicare covering post-transplant medicines
- State Chronic Renal DiseaseProgram
- ChristianaCare Financial Services



Barb Demyanovich Financial Coordinator



Myrna Rivera
Financial Coordinator

Social Work Support and Resources

Special Needs Fund

(i.e., dental, uncovered services)

Modiv Care (Logisticare)

Gift of Life Grant

- Hotel stays
- Gift Cards (gas)

Food Bank of DE
Mobile Food
Pantries



Eileen Edge, MSW, LCSW



Kealey Johnson, MSW, LMSW, CCM





Program Resources



Website Educational Resources

- Transplant
- Living Donation



Translation Resources

- Interpreter Services
- Persimmon translation tablet



Living Donation Resources

- Monthly LD Seminars
- National Living Donor Assistance Center

Support for Living Donors

Travel

- Transportation, hotel, and meals
- Covers the donor and a support person

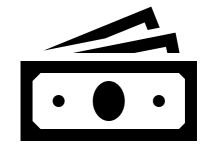


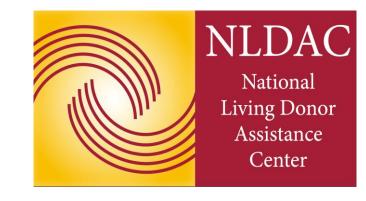
Lost wages

- 3 days of evaluation
- 4 weeks of surgery recovery
- 2 weeks for follow-ups or in case of hospitalization

Dependent care

- Up to \$60/day per child
- Up to \$72/day for an adult

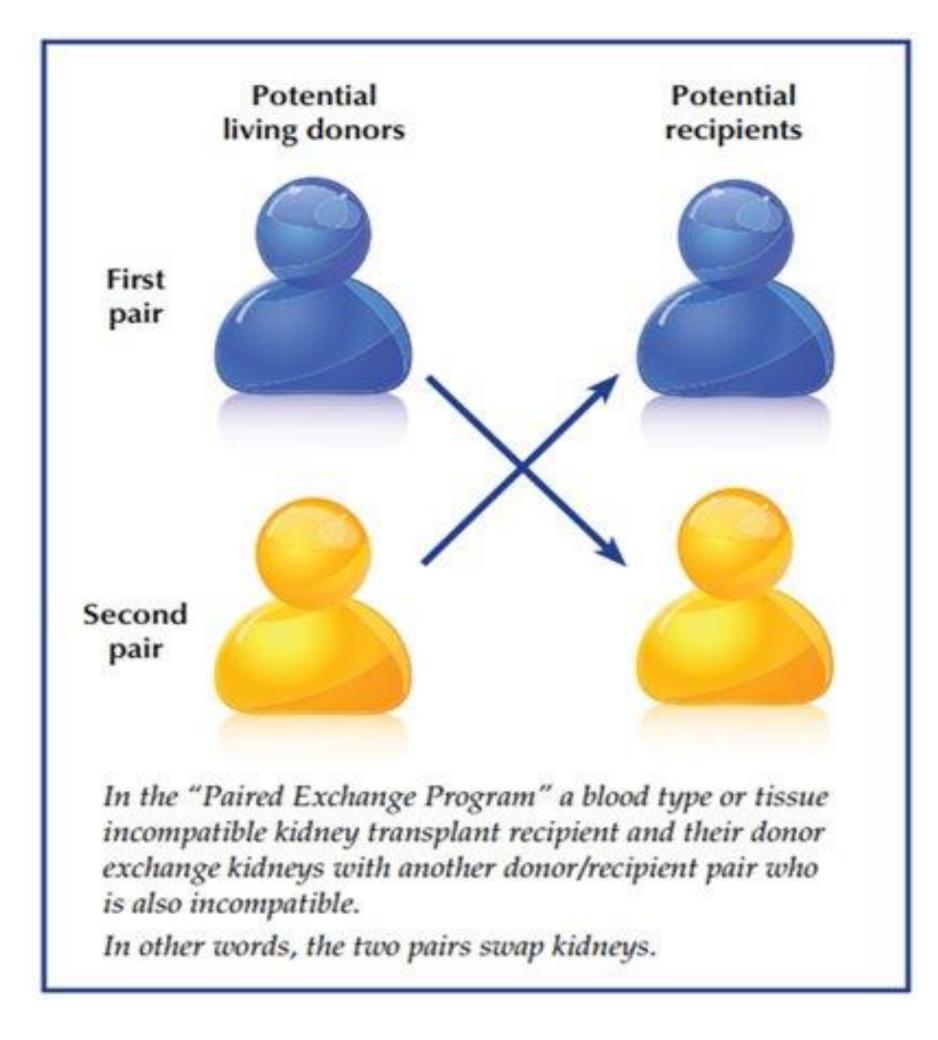








National Kidney Registry (NKR)



Exchange can be for blood/tissue mismatch, height/weigh mismatch, age mismatch...or to try for better match degree to promote best graft longevity

Some donors may choose to donate into exchange even when compatible in order to gain the National Kidney Registry (NKR) donor benefits

- Lost wage
- Travel reimbursement
- Life/Disability insurance
- LD transplant in event of CKD/ESRD of donor
- Voucher Programs





Online Resources List

Explore Transplant

www.ExploreTransplant.org



Supports patients and care provides with educational programs and training seminars. Purpose is to help kidney patients make informed transplant decisions.

National Kidney Foundation

www.kidney.org



Provides information for patients, medical professionals and the public regarding Kidney Disease.

United Network for Organ Sharing (UNOS)

www.unos.org



Provides information and data about transplants, living donation, the waiting list, and transplant centers.

US Department of Health and Human Services

www.organdonor.gov



Provides information about organ donation and transplantation.

Organ Procurement & Transplantation Network (OPTN)

http://optn.transplant.hrsa.gov



Contains all national data on the candidate waiting list, organ donation and matching, and transplantation. Provides Member Directory to allow patients to search for nearby transplant centers.

National Living Donor Assistance Center

www.livingdonorassistance.org



Provides financial assistance with travel costs and expenses associated with living donation.





Online Resources List

American Transplant Foundation

www.americantransplantfoundation.org



Provides information, resources, and stories about kidney transplant. Perspectives are coming from medical professionals as we all as transplant patients and donors.

Living Kidney Donors Network

www.lkdn.org



Promotes education to the general public about living kidney donation as well as provide specific information to patients so that they can effectively communicate their needs.

National Kidney Registry

www.kidneyregistry.org



Uses advanced technology and large pools of donor/recipient pairs to find better matches through "paired exchange."

Alliance for Paired Kidney Donation

www.paireddonation.org



Provides a service that helps educate people about paired donation. Additionally, helps to connect people with others they know will be compatible.

Give a Kidney

www.giveakidney.org



Provides information about the benefits of becoming a kidney donor. This includes education about safety, the operation specifics, and the before/after process.





Thank you!

ChristianaCare Kidney Transplant 302.623.3866

christianacare.org/kidneytransplant



Welcome!
Dialysis Center Staff
and Patient
Resources



NKF Patient Network NOW LIVE!

The National Kidney Foundation is thrilled to introduce the NKF Patient Network, **the first nationwide registry for people at all stages of kidney disease** that will advance both patient education and clinical research in kidney disease.

The NKF Patient Network will allow all patients with kidney disease to:



Have access to a one-stop shop for kidney resources that enhance care with education, tips, and support.



Easily enter their health data and connect to other patients with kidney disease online.



Be a part of research and make a positive impact on treatment development by participating in studies.

To learn more, come visit us at www.kidney.org/nkfpatientnetwork



PEA – Patient Emergency Assistance Program

Only in the Maryland and Delaware

What What Ketsgram?

A significant portion of dollars donated to the National Kidney Foundation Serving Maryland and Delaware (NKFMDDE) is dedicated to the **Patient Emergency Financial Assistance Program (PEA)**. Kidney patients often find themselves in severe financial situations, unable to work and needing assistance to meet emergent, daily expenses such as transportation (to and from dialysis), food, medication, dental and other medical expenses, rent and utilities.

NKFMDDE reaches out to assist kidney patients reduce monetary stresses that negatively impact their health by **distributing grants of up to \$200 per applicant once in a 12-month period** per patient. The process is facilitated by area social workers who complete the online application necessary to process for each patient. NKFMDDE reviews applications for approval and checks release weekly.



What does the program fund?

The Patient Emergency Assistance Program funds requests for:

- Medical Equipment and Supplies
- Rent (must include the Eviction Notice and the balance cannot be over \$500, payments are not approved or paid to family members)
- Medication
- Utilities (must include a Turn-Off Notice and the balance can not be over \$500)
- Dental/Vision (must include documentation from the medical provider of the services needed)
- Food (gift cards for food are processed and sent to the social worker to distribute to the patient typically from Giant but NKFMDDE does look at the zip codes and areas on a case-by-case manner)
- Clothing- the only item that we will pay for are compression socks
- Transportation/Essential Auto Repairs (we do not reimburse for repairs completed and paid for prior to the application being submitted)
- Other (requests outside the listed items are considered on an individual basis)

What is NOT funded?

Items not covered under the Patient Emergency Assistance Program:

- NKF <u>does not</u> provide premium assistance to help kidney patients pay for health insurance coverage
- Telephone services (land lines or cell)
- Clothing/Shoes (the only exemption is for compression socks)
- Cable and/or Internet Services
- Furniture
- NKF <u>does not</u> reimburse for expenditures that a patient pays for in advance

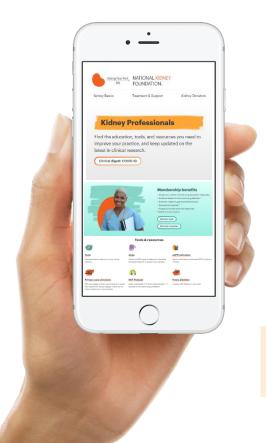
How Do I Apply?

- This link is ONLY to be used by you, the Social Worker, or a Physician
- Patients CANNOT apply on their own
- One application per patient per year
- We are a last resort payer

https://kidneyforms.tfaforms.net/4727563



Who Do I Contact With My Questions?



- NKFMDDE maintains a listing of all the Social Workers and key contacts at the clinics within our market.
- It is important that we have current information for each clinic.
- Should there be a change in Social Workers at a clinic and/or you
 would like to provide additional contacts/information, please
 send updates and contact information to Sandy Boesenberg at
 sandra.boesenberg@kidney.org.
- Please bookmark this link as a reference guide and check periodically for any updates/revisions:

http://www.kidneymd.org/patient-services-and-resources/

Main Telephone Number: 410.494.8545

www.kidneymd.org





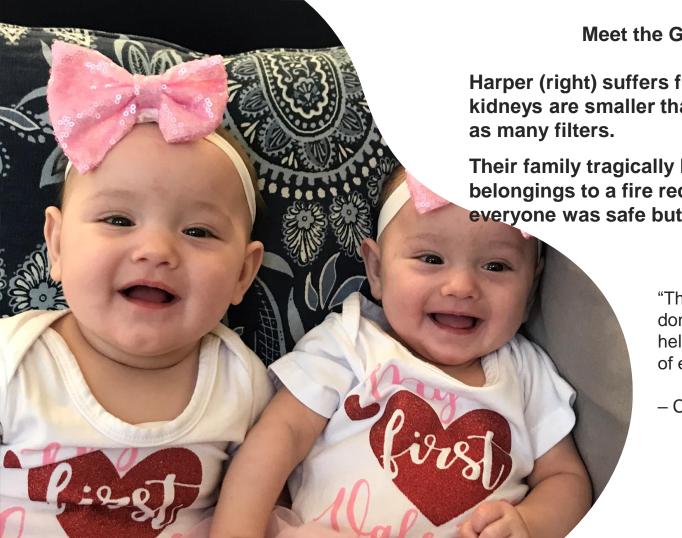
Gary Cassell

Gary was a patient at Deer's Head Hospital Center for 14 years. Here he is pictured with Stephanie Elliott who was the Chair of the Salisbury Kidney Walk. Gary was the recipient of several grants throughout the years, mainly funds to get him to and from dialysis center treatments as his health started to fail.

Gary was very active in the Salisbury Renal Support Group and made many friends who he remained close to right up to the end.

Sadly, Gary passed away on July 25, 2021 and his memorial was held in November on what would have been his 71st birthday.

We miss you each day Gary and dedicate our work to you.



Meet the Gallagher Twins!

Harper (right) suffers from kidney disease. Her kidneys are smaller than normal and don't have as many filters.

Their family tragically lost their house and all belongings to a fire recently. Fortunately everyone was safe but they needed help.

"Thanks to the generosity of donors, the NKF was able to help us purchase a new piece of equipment for Harper"

- Christina Gallagher



Why I Walk

"Hi, my name is George Dryden of Team Dryden. I participate in the Kidney Walk each year to give back. Without the NKF, I would not have always made it to and from my dialysis treatments"

- Mr. Dryden quoted May 2018





Answers, resources, and support for patients, family members, and care partners.

Free educational information!

Se Habla Español.

855.653.2273 nkfcares@kidney.org



nkf peers

Dialysis, Transplant & Living Donation



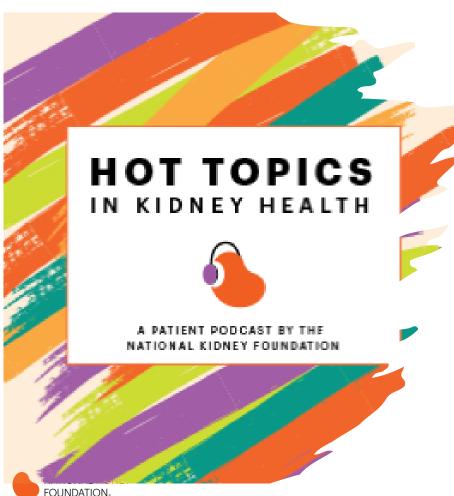




Connecting your patients and potential living kidney donors with someone who's been there.

855.653.7337 nkfpeers@kidney.org





 Subscribe today to Hot Topics in Kidney Health, a podcast by the National Kidney Foundation for kidney patients, their family members and care partners, living donors, and anyone interested in kidney health. https://www.kidney.org/podcast/hot-topics-kidney-health

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Helping patients and families share their story and find a living donor.

Supporting people interested in donating a kidney.



kidney.org/livingdonation



WHY ARE WE HERE?



- To Learn...
 - About living donation kidney transplant
 - Strategies to find a living donor
 - Tips to share your story
 - Resources for more information
 - Family/friends will learn how to be an effective advocate for the kidney patient.





The key to finding a donor is to share your story
 (as a patient OR family/friend of a patient).

"Starting My Story" worksheet in your packet.

 No one will see your worksheet but you, so be honest even if some parts are difficult.







FREE WEBINAR
FIRST STEPS TO TRANSPLANT
& FINDING A LIVING DONOR

Sunday, April 3
12:30pm-4:30pm
VIRTUAL WORKSHOP

Learn how to find a living donor.

REGISTER TODAY!

In Partnership With:







THE BIG ASK: THE BIG GIVE First Steps to Transplant & Finding a Living Donor

Are you or is someone you know interested in learning more about kidney transplant and living donation? If you answered yes, then this event is for you! In this interactive program, you'll learn about the transplant evaluation process, ways that you can share your story to find a living donor as well as hear from patients who used the same skills to receive a living donor transplant!

Sunday, April 3

12:30pm Visit Virtual Exhibitor Booths 1:00pm-2:15pm- Session 1: First Steps to Transplant 2:30pm-3:00pm- Breakout Session 3:15pm-4:30pm- Session 2: Finding a Living Donor

Register by March 27 at: https://sforce.co/3JQTLc1

Questions? Contact:

Pattle Dash, Executive Director pattle.dash@kidney.org | 410.494.8545





NKF Serving Maryland & Delaware 1301 York Road, Ste. 209 Lutherville, MD 21093



- Connect with other kidney patients, transplant recipients, or living donors through NKF's online communities.
- Get answers and support from other patients, caregivers, and living donors in an online forum monitored by NKF.
- Remain anonymous
- Transplant: healthunlocked.com/nkf-kidneytransplant
- Living Donation: <a href="https://donors.py.ncbe.ncbe.new-ncbe



About our Advocacy Community

NKF supports and amplifies the voices of patients, donors, care partners, and professionals through our Voices for Kidney Health advocate community. By recruiting and engaging a diverse array of stakeholders from all facets the kidney community, we propose meaningful, actionable legislation and policy to improve the lives of kidney patients nationwide. Our Kidney Advocacy Committee, Kidney Outreach Team, and Public Policy Committee are comprised of dedicated advocates that advise, review, and focus our government relations efforts in ways that will be most meaningful to our community.

https://voices.kidney.org/







Delaware's Giving Day. 3/3 - 3/4 • 6 PM - 6 PM

DoMore24Delaware.org

Do More 24 Delaware, kicks off at 6 p.m. on March 3rd and runs for 24 hours.! Give now and rest easy knowing that you are helping kidney patients and their families with vital resources to get them through their journey on dialysis or transplant. This money helps patients right here in Delaware.

https://www.domore24delaware.org/fundraisers/national-kidney-foundation-delaware



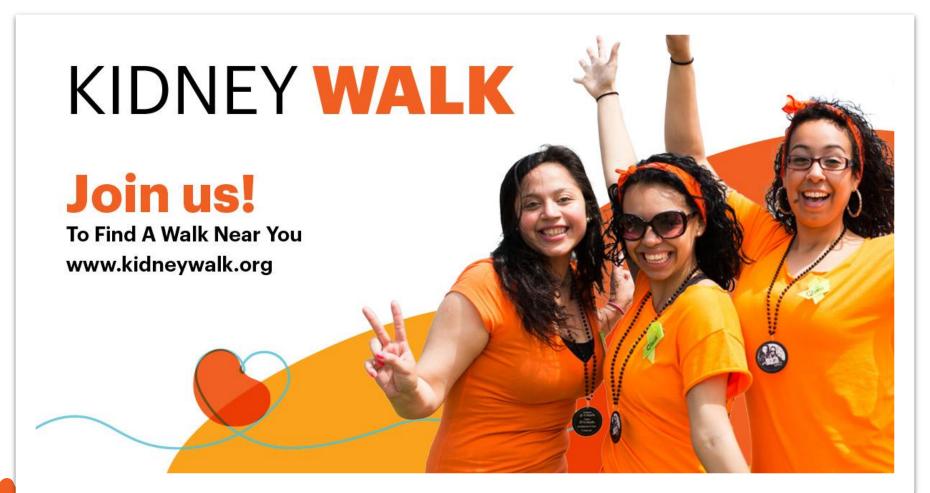


Serving Maryland and Delaware



Your gift is tax-deductible! 800.488.2277 | kidneycars.org





Resources-Local Social Media







Follow Us on our Social Media Platforms for the most recent and up to date news and information.



Thank you!

Questions





Thank you

Kou Kha-Moua kkhamoua@qualityinsights.org

