

PD Catheter Management

General exit site check:

- Check exit site for redness, swelling, drainage, or soreness.
- Check catheter for cracks or tears.
- Gently touch the catheter tunnel, noting swelling, discharge, or pain.

What do I do if a sterile part is dropped, touched, or contaminated?

- Throw it away and start with a new sterile supply.
- If you touch or believe you have contaminated your transfer set, do not use it.

Call your dialysis provider when in doubt.

Source: www.cdc.gov/disasters/icfordialysis



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How to Avoid **PERITONITIS**

*A Resource for Patients,
Caregivers and Staff*



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Aseptic Technique

The aseptic technique is used to keep germs away from the sterile parts of your supplies and equipment. This will help keep germs from entering the peritoneal cavity and causing an infection (peritonitis).

Putting on a mask, washing and drying your hands thoroughly as trained and remembering not to touch the sterile parts of your supplies are important steps in aseptic technique.

Follow these six steps every time.



1. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.



4. Rinse your hands well under clean, running water.



2. Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.



5. Dry your hands using a clean towel or air dry them.



3. Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.



6. Use a towel to turn the water off and avoid further contamination.

Source: www.cdc.gov/handwashing/when-how-handwashing

Wearing Masks

Wear a face mask during connection and disconnection.

DO choose masks that:



Have two or more layers of washable, breathable fabric



Completely cover your nose and mouth



Fit snugly against the sides of your face and don't have gaps



Have a nose wire to prevent air from leaking out of the top of the mask

Source: www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings