

REHABILITATION

Getting Back to Work

Would you say “Yes” to any of these questions?

- ☐ Did you work before becoming ill?
- ☐ Do you miss your friends from work?
- ☐ Do you feel your life had more purpose when you were working?
- ☐ Do you want to return to work?
- ☐ Do you want to try a new job, perhaps something you always wanted to do?

If so, consider contacting your state’s Rehabilitation Services office by calling:

There are many ways for you to stay active. You might decide to work full or part time, go back to school for a class or two, work at home, volunteer for your church or community, or spend time on a hobby.

If you need to learn new skills to change jobs, there are organizations that can help. Rehabilitation Services is an organization that may be able to help. Ask your social worker for more information.

