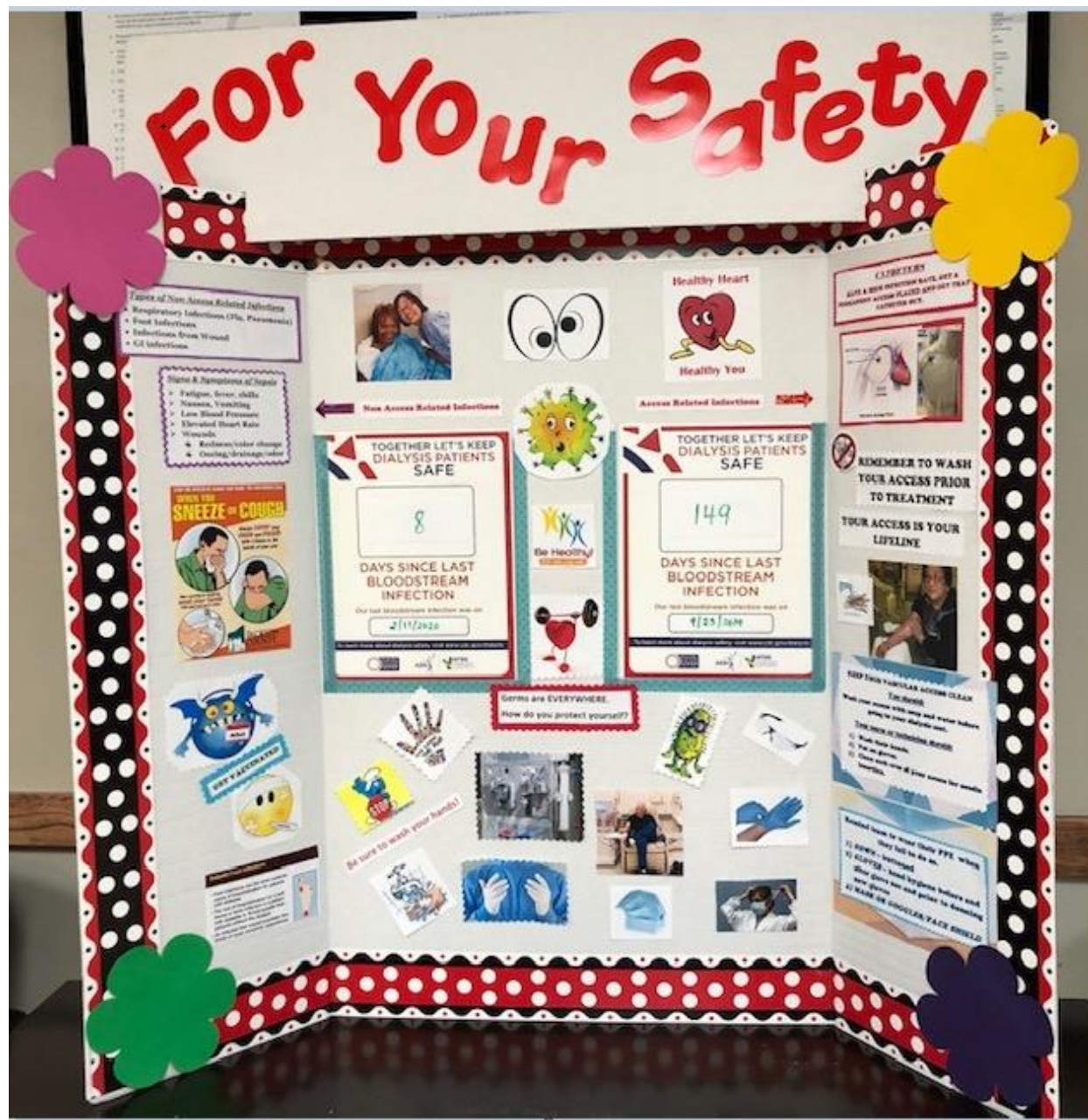


392508 DaVita Upland – 1st Place Winner

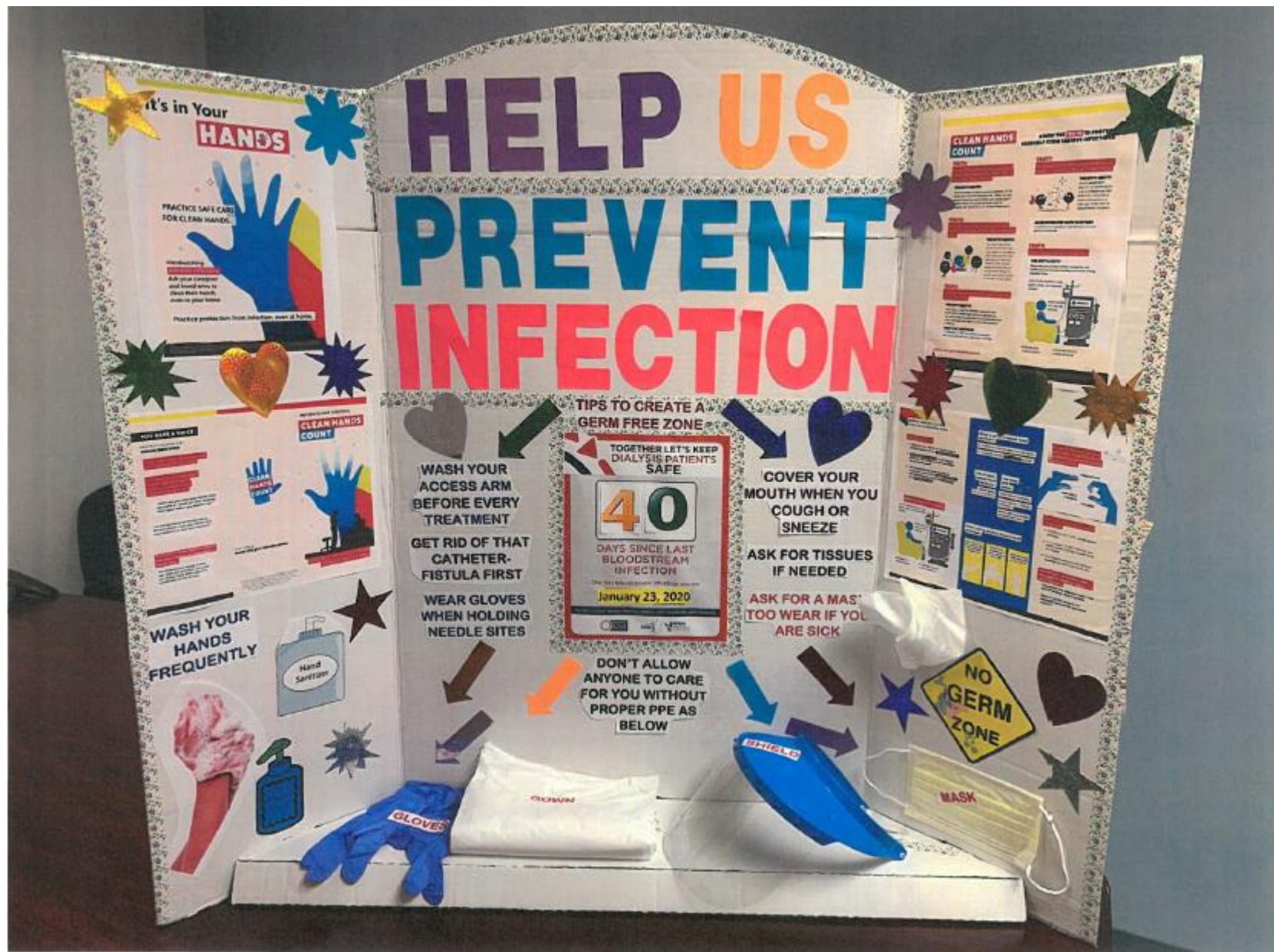


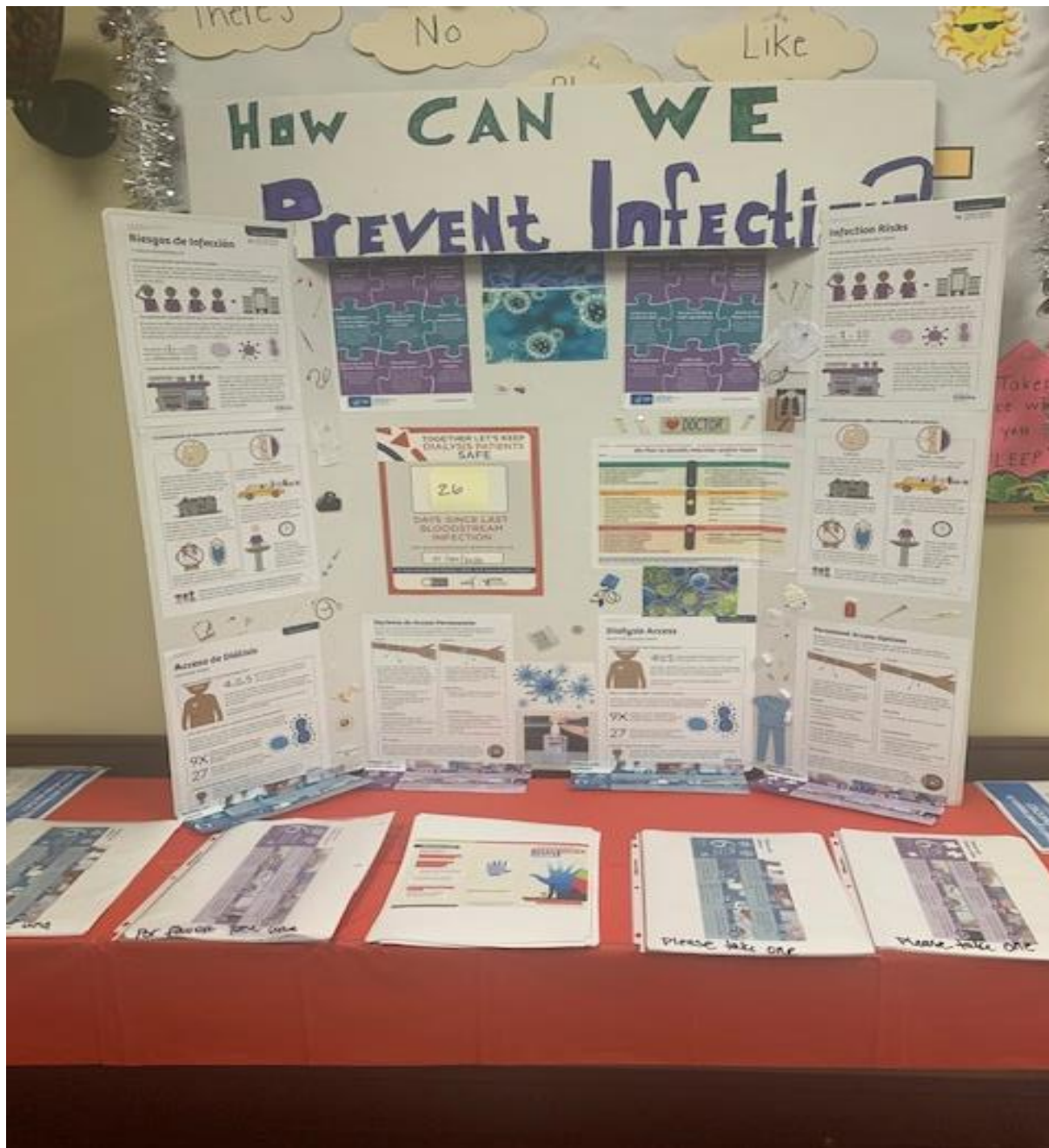
392502 DaVita Waverly – 2nd Place Winner



392687 Independent Dialysis Group Lock Haven – 3rd Place Winner

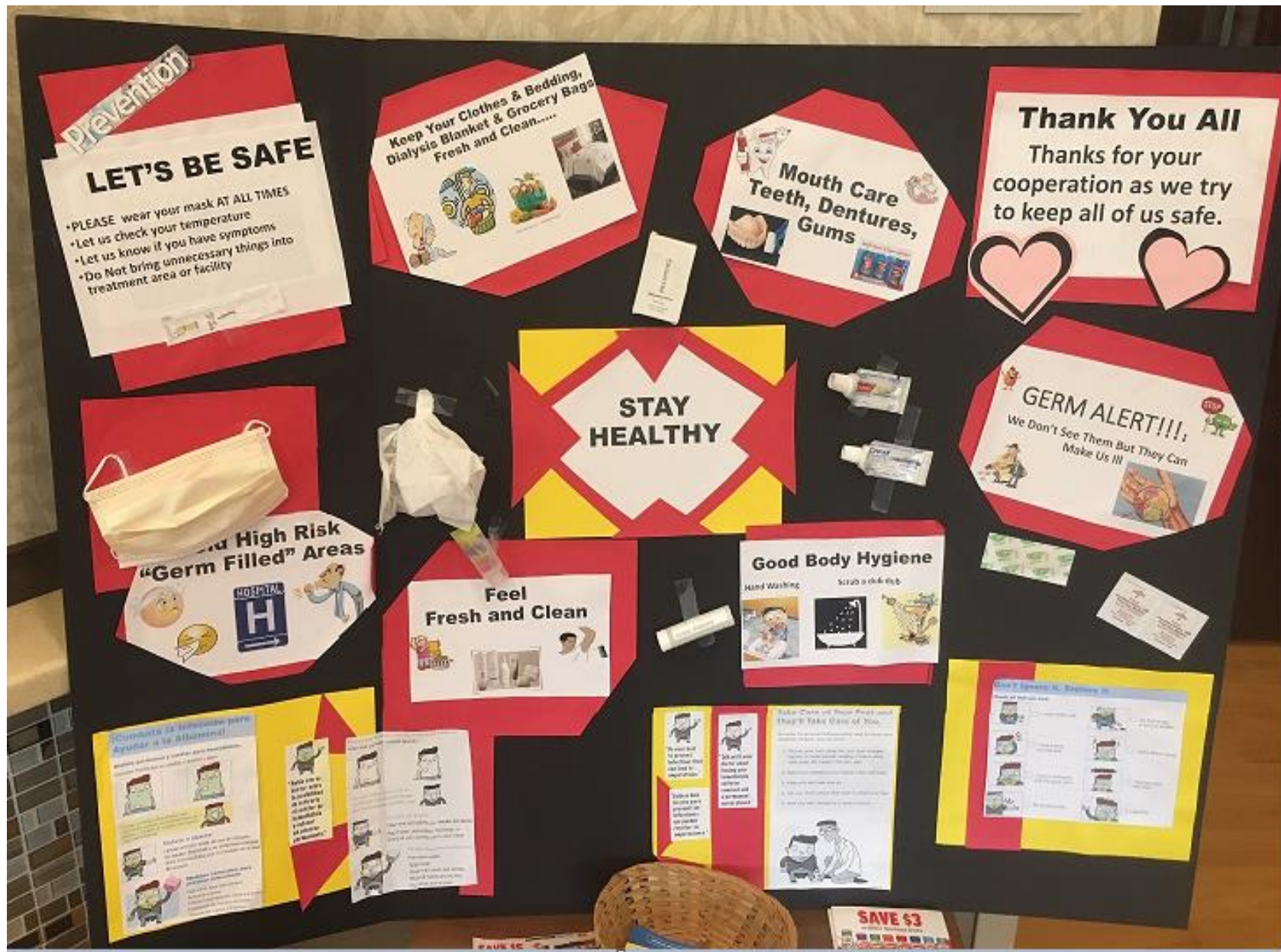


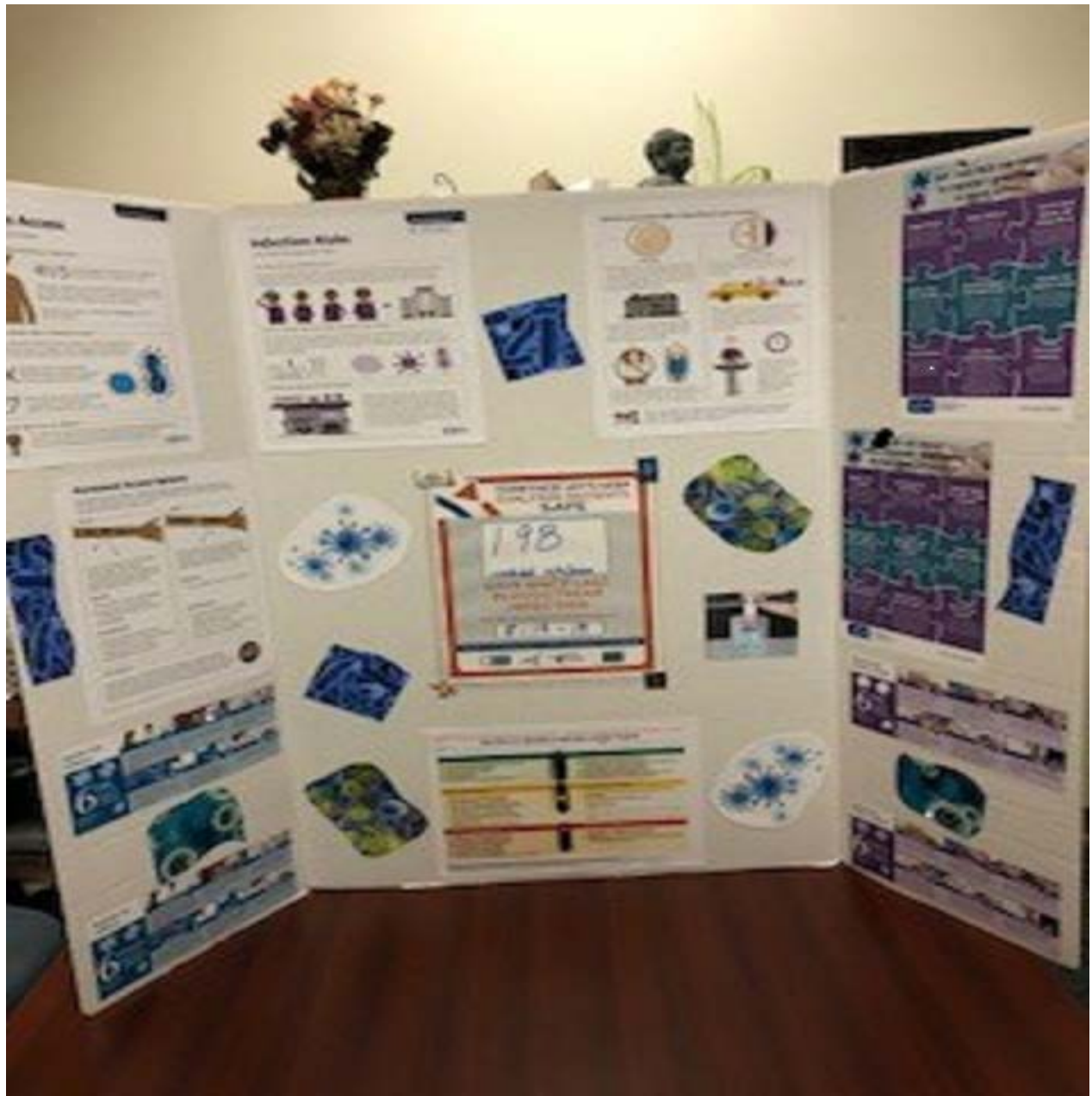


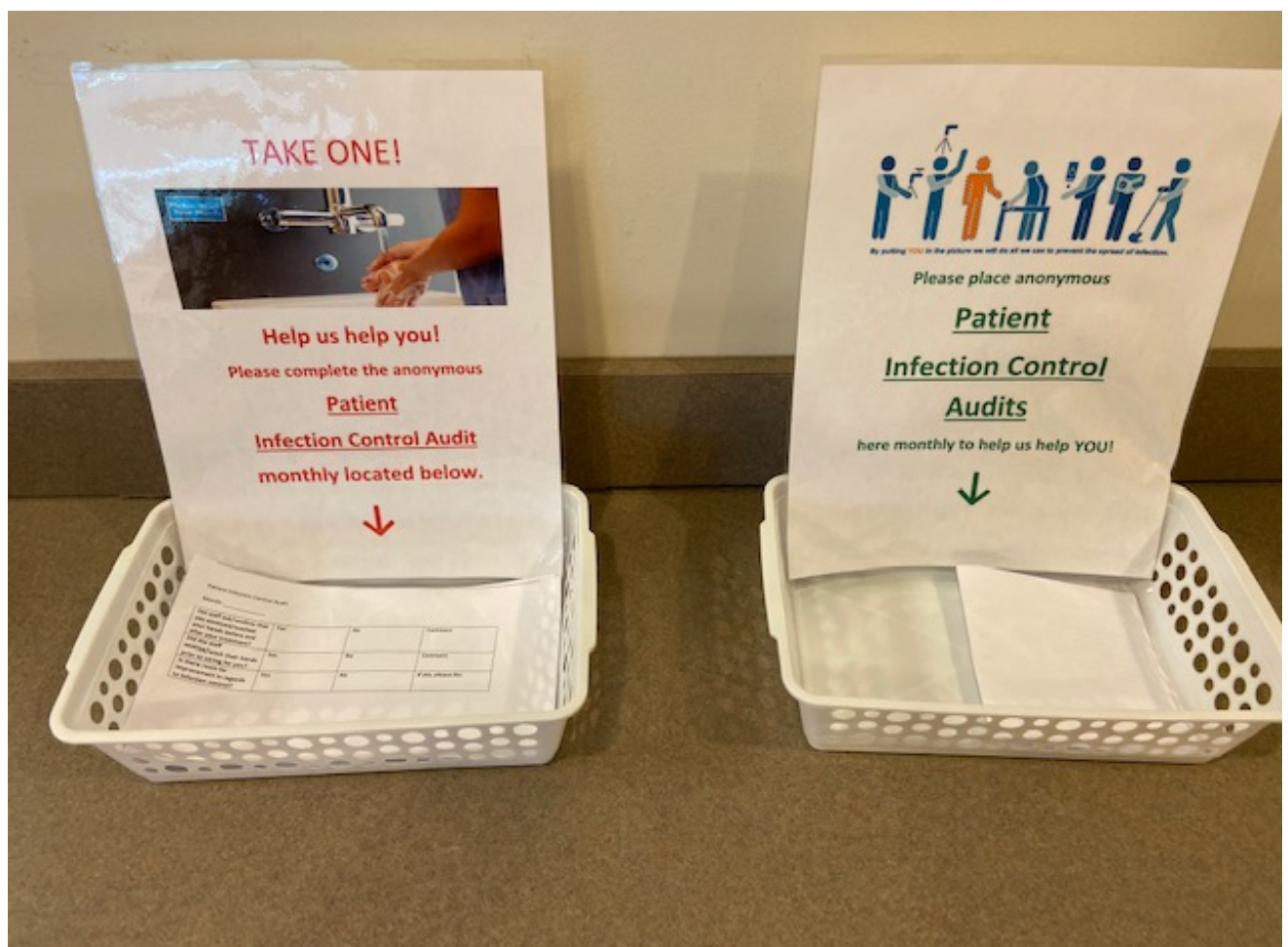


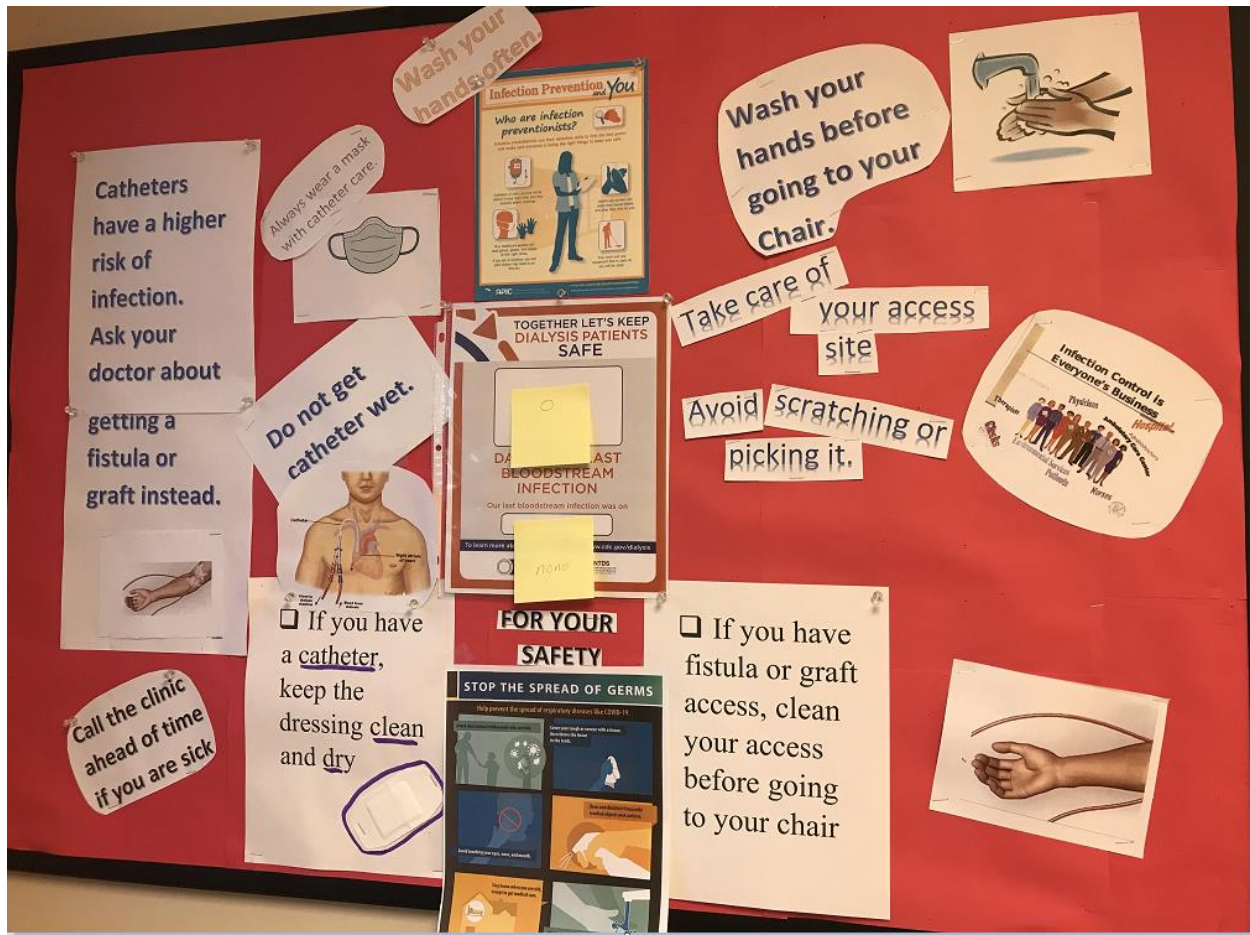


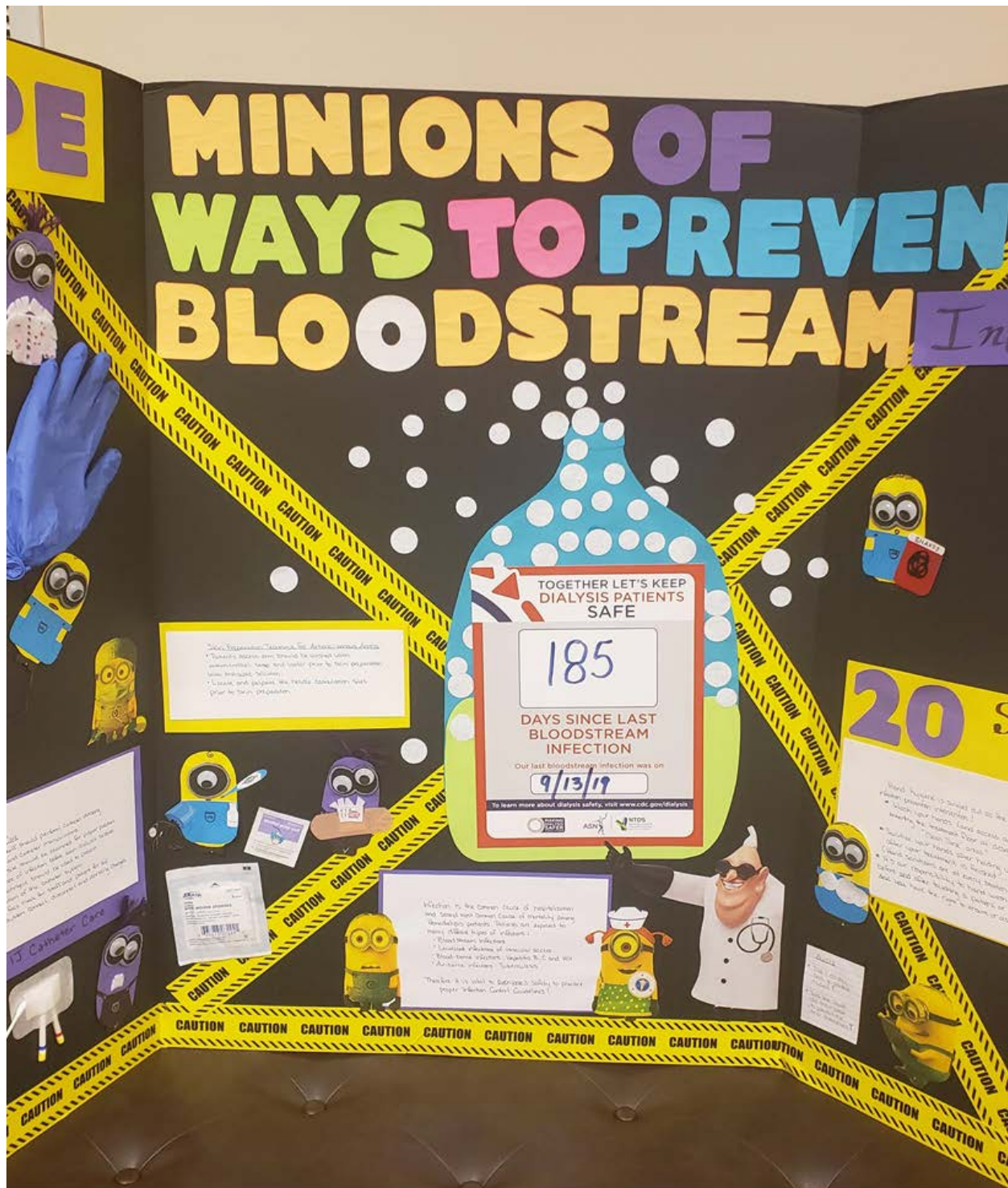




















THINGS TO KEEP ME SAFE

Name: _____

Answer each question and don't help your friends because the person that answers all correct will get a prize. If more than one person gets them all correct we pick one random person from the correct responses. Don't forget to put your name at the top! GOODLUCK!

1. Name three things your caregiver should be wearing when putting you on and taking you off the machine:

1. _____
2. _____
3. _____

2. I should ALWAYS wash my arm access before sitting in my chair even if I showered before I came here. True or False

3. My caregiver should always put on a brand new pair of gloves immediately before they put needles in my arm or touch my catheter.

True or False

4. It's ok for my caregiver to use hand sanitizer instead of washing hands with soap and water. True or False

5. If I have a catheter it's my job to keep my dressing d _ &

c _ _ _ _ .

If I have a fistula or graft it's my job to keep everyone else safe by c _ _ _ _ _ m _ h _ _ _ _ after holding my sites and I must always wear a _ _ _ v _ while holding my sites.

6. During my treatment I need to keep my access site v _ _ _ _ _ at all times so someone knows if my needles come out or my catheter becomes dislodged.

7. It's ok to ask the caregivers if they've remembered to clean their hands and change their gloves before they put you on the machine.

True or False

8. Getting V _ _ _ _ _ d keeps me and the people I love safe from infection

Circle the things that can cause you to get an infection in your blood stream:

*Urinary tract infection

*Shopping at Walmart

*Open wounds or sores anywhere on your body

*Pneumonia

*Infection of your fistula, graft or catheter

*Eating an entire bag of BBQ chips

*Infections in your bones



PATIENT INFORMATION

FOR YOUR SAFETY

Patients with
Fistulas or Grafts



TIP 1

TIP 2

TIP 3

TIP 4

TIP 5

TIP 6

TOGETHER LET'S KEEP
DIALYSIS PATIENTS
SAFE

17

DAYS SINCE LAST
BLOODSTREAM
INFECTION

Our last bloodstream infection was on

2/7/2020

To learn more about dialysis safety, visit www.cdc.gov/dialysis



Patients with
Catheters



TIP 1

TIP 2

TIP 3

TIP 4

TIP 5

TIP 6

CLEAN HANDS COUNT

TRUTH

On average, hand hygiene prevents more than 30% of infections. Washing your hands with soap and water for 20 seconds is the best way to keep germs away from your hands.

THE KIDNEY GUY

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KNOW THE TRUTH TO PROTECT YOURSELF FROM SERIOUS INFECTIONS

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What your team does

- Hand washing
- Wearing gown and mask
- Wearing sterile gloves and changing gloves frequently
- Disinfecting machines, chairs, and keeping all surfaces clean and bleached
- Quarterly infection control education
- Practicing good catheter care - "scrub the hub"

What is a blood stream infection?

"Bloodstream infections (BSI) are infectious diseases defined by the presence of viable bacteria or fungal microorganisms in the bloodstream." National Institute of Health

You may also know this as Sepsis



For Your Safety

How to prevent blood stream infections

Follow these simple tips to keep yourself free of blood stream infections this year



What you can do

- Wash your hands for at least 15 seconds
- Wear a mask if you have a catheter
- Wash your fistula/graft with soap and water
- Keep clothes clean and free from contaminants
- Replace that catheter with a permanent access
- Follow all directions given to you by your team

Blood Stream Infection Risk Factors

- CVC Catheters
- Urinary Tract Infection
- Impaired Fistula Care
- Chronic renal failure anorexia
- Immunosuppression



What can happen if I get one?

Sepsis requires hospitalization. Consequences for sepsis include Septic Shock.

You may need to be put on a ventilator in the ICU, or breathing machine if you're in septic shock.

Acute Respiratory Distress Syndrome, or ARDS, is another consequence of infection. ARDS is a life-threatening condition that prevents enough oxygen from getting to your lungs.

TOGETHER LET'S KEEP DIALYSIS PATIENTS SAFE

305 days!

DAYS SINCE LAST BLOODSTREAM INFECTION

Our last bloodstream infection was on

To learn more about dialysis safety, visit www.cdc.gov/dialysis

What are the symptoms if I get an infection?

- Fever and chills
- Very low body temperature
- Feeling less than normal
- Rapid pulse
- Rapid breathing
- Nausea and vomiting
- Diarrhea

IF YOU GET THESE SYMPTOMS, GO TO THE EMERGENCY ROOM IMMEDIATELY.

