



National Preparedness Month **Kidney Patient Disaster Awareness Week**

WEDNESDAY:

Severe Weather Preparedness

- Be informed: the National Weather Service
<http://www.weather.gov>
- Prepare for food and water needs: preparing for a disaster
<http://emergency.cdc.gov/disasters/foodwater/prepare.asp>
- Review food and water safety tips in emergencies
<http://www.fda.gov/Food/RecallsOutbreaksEmergencies/Emergencies/ucm076881.htm>
- Get weather-specific safety tips to your phone from FEMA
<http://www.fema.gov/text-messages>

September is **National Preparedness Month** which is geared towards building awareness and encouraging Americans to take steps to prepare for emergencies. For people receiving dialysis or living with a kidney transplant, preparing can mean the difference between life and death.

BE DISASTER AWARE



TAKE ACTION TO PREPARE



AMERICA'S
PrepareAthon!

