



## National Preparedness Month

Week 3: September 15– 21

### How to... Build an Emergency Kit

Can you  these items off?

- Build a basic emergency supply kit or have supplies you need in case of an emergency
- Create hazard –specific (earthquake, tornado, hurricane, blizzard) emergency supply kits
- Register and practice your preparedness actions plan on or around the National PrepareAthon! Day-September 30th, 2014 by visiting: [www.ready.gov/prepare](http://www.ready.gov/prepare)

September is **National Preparedness Month** which is geared towards building awareness and encouraging Americans to take steps to prepare for emergencies.

The **Kidney Community Emergency Response (KCER)** Program is providing preparedness links and resources during September so that you can get prepared. During **September 22nd -26th, Kidney Patient Disaster Awareness Week**, KCER will feature ESRD-specific preparedness tips. Please share!

#### Printable Publications

- ✓ Emergency Supply Kit Checklists for Parents and Kids-Ready Kids (English) PDF
- ✓ Basic Emergency Supply List PDF

## BE DISASTER AWARE



## TAKE ACTION TO PREPARE

#### Web Resources

- ✓ [www.ready.gov/kit](http://www.ready.gov/kit)
- ✓ [www.ready.gov/kids/build-a-kit](http://www.ready.gov/kids/build-a-kit)
- ✓ [www.ready.gov/prepare](http://www.ready.gov/prepare)
- ✓ [www.ready.gov/animals](http://www.ready.gov/animals)



AMERICA'S  
**PrepareAthon!**

